

















WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie   Served with Vegetables and Gravy	Chickpea and Tomato Masala    Served with Wholegrain Rice
TUE	Spicy Chicken Pitta  Served with Chipotle Wedges	Plant Ball Marinara Melt    Served with Wholewheat Pasta and Vegetables
WED	Crispy Chicken Masala Slider  Served with Chipotle Wedges and Vegetables	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake  Served with Salad	Vegetarian Sausage Casserole  Served with Mashed Potato and Vegetables
FRI	Southern Fried Chicken Goujons  Served with Chips, Peas and Baked Beans	The Veggie Dog  Served with Chips and Peas

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Chicken Mayo Pasta Salad 

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread  Served with Salad	Vegetarian Mexican Tortilla Pie   Served with Wholegrain Rice and Vegetables
TUE	West African Chicken Rice  	Yellow Vegetable Curry    Served with Wholegrain Rice and Vegetables
WED	Roast Turkey  Served with Roast Potatoes, Two Vegetables and Gravy	Veggie Burrito  Served with Chipotle Potato Wedges
THUR	Chicken and Vegetable Tikka Masala    Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma    Served with Wholegrain Rice and Sweetcorn
FRI	Southern Fried Chicken Goujons  Served with Peas and Baked Beans	Vegan Sausage Roll  Served with Chips and Vegetables


WEEKLY SPECIAL

• Moroccan Chicken Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Chicken Mayo Pasta Salad 

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Turkey Con Chilli 🍷 🍃 Served with Wholegrain Rice and Vegetables	Cauliflower Mac'n'Cheese 🍃 🌱 🍷 Served with Pizza Pinwheel and Salad
TUE	Jerk Chicken 🍷 Served with Rice and Peas	Vegan Chilli 🍃 🍷 🌱 Served with Wholegrain Rice and Peas
WED	Roast Beef 🍷 Served with Roast Potatoes, Two Vegetables and Gravy	West African Vegetable Rice 🍃 🌱 Served with Roast Potatoes, Two Vegetables and Gravy
THUR	Sticky Chicken and Vegetable Noodles 🍷 🍃 Served with Rice and Peas	Sweet and Sour Vegetables 🍃 🍷 🌱 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons 🍷 Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges 🍃 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
Chicken Mayo Pasta Salad 🍷

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🍃
Ham Baguette
Cheese & Tomato Baguette 🍃

WRAPS:

Tuna Crunch Wrap 🌱
Pepper and Houmous Wrap 🍃 🌱

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito