## **Level 1/2 Health & Social Care**

|        | Exam  | Topic   | Suggested revision strategy (with links)   | Suggested outcome from revision time this week (what a parent can expect to see)  |
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| Week 1 | OCR Cambridge National in Health & Social care  R032 Principles of care in health & social care | Topic 1: Rights of the service user 1.1 Types of settings 1.2 The rights 1.3 The benefits to the service user of right being maintained | <ul> <li>Knowledge <ul> <li>Name examples of health &amp; social care settings</li> <li>Rights = P.E.C.C.C</li> <li>Benefits = Empowerment, high selfesteem, needs are met, trust</li> </ul> </li> <li>Revision guide page 10 – 23 (answers pg. 80 – 82) <ul> <li>Revision activities</li> <li>Now test yourself</li> </ul> </li> <li>Application <ul> <li>Give examples of how a service users rights are met within specific settings</li> <li>Give examples of how maintained rights can benefit a specific service user</li> </ul> </li> <li>Revision guide page 23 <ul> <li>Exam style questions</li> </ul> </li> <li>OCR CamNat Health-SC Examstylequestionanswers.pdf</li> </ul> <li>OCR Exam board questions – L01 Rights of a service user</li> <li>LO1 Rights of a service user.doc</li> | All students have been given a Hodder Education Cambridge National Level 1/2 Health & Social Care Revision Guide  Mind maps Flashcards Matching activity Research notes Self-assessed written responses to Now test yourself questions Self-assessed exam questions |

| Week 2 | Topic 2: Person-centred values 2.1 PCV's 2.2 Benefits of applying PCV's for service user and service provider 2.3 Effects of not using PCV's on the service user | <ul> <li>Knowledge</li> <li>Define person centred values</li> <li>9 PCV's</li> <li>6 Cs of care</li> <li>Benefits of PCV's for the service user</li> <li>Benefits of PCV's for the service provider</li> <li>Effect of not applying PCV's on P.I.E.S</li> <li>Revision guide page 24-35 (answers 82 – 84)</li> <li>Revision activities</li> <li>Now test yourself</li> </ul>   | <ul> <li>Mind maps</li> <li>Flashcards</li> <li>Matching activity</li> <li>Research notes</li> <li>Self-assessed written responses to Now test yourself questions</li> <li>Self-assessed exam questions</li> </ul> |
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|        |  | <ul> <li>Application         <ul> <li>Give examples of how PCV's are applied in a specific setting</li> </ul> </li> <li>Give examples of how service practitioners use the 6 C's of care</li> <li>Give examples of how PCV's benefit a specific service user and service provider</li> <li>Give examples of how not maintaining PCV's can affect P.I.E.S</li> </ul> <li>Revision guide page 35         <ul> <li>Exam style questions</li> </ul> </li> <li>OCR CamNat Health-SC Examstylequestionanswers.pdf</li> |  |
|        |  | OCR Exam board questions – L02 Person-centred values  L02 Person-centred values (1).doc  |  |

| Week 3 | Topic 3: Effective communication 3.1 Verbal communication 3.2 Non-verbal communication   | <ul> <li>Effective verbal communication</li> <li>Effective non-verbal communication</li> <li>Revision guide page 36 – 39 (answers 84 – 85)</li> <li>Revision activities</li> <li>Now test yourself</li> </ul> Application <ul> <li>Give examples of how effective verbal and non-verbal communication is used in a specific setting</li> <li>Explain the benefits of effective verbal and non-verbal communication on a specific service user</li> </ul> Revision guide page 48 <ul> <li>Exam style questions 1 – 5</li> <li>OCR CamNat Health-SC Examstylequestionanswers.pdf</li> </ul> OCR Exam board questions – L03 Effective communication LO3 Effective communication (1).doc | <ul> <li>Mind maps</li> <li>Flashcards</li> <li>Matching activity</li> <li>Research notes</li> <li>Self-assessed written responses to<br/>Now test yourself questions</li> <li>Self-assessed exam questions</li> </ul> |
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| Week 4 | Topic 3: Effective communication 3.3 Active listening 3.4 Special methods of communication 3.5 Importance of effective communication | <ul> <li>Knowledge</li> <li>Components of active listening</li> <li>Types of special methods of communication</li> <li>The importance of effective communication</li> <li>Revision guide page 40 – 48 (answers 85 – 87)</li> <li>Revision activities</li> <li>Now test yourself</li> </ul>   | <ul> <li>Mind maps</li> <li>Flashcards</li> <li>Matching activity</li> <li>Research notes</li> <li>Self-assessed written responses to<br/>Now test yourself questions</li> <li>Self-assessed exam questions</li> </ul> |

|        |   | Application     Give examples of how active listening and special methods are used in a specific setting     Explain the benefits of using active listening and adapted methods of communication on a specific service user  Revision guide page 48     Exam style questions 6 – 10 OCR CamNat Health-SC Examstylequestionanswers.pdf OCR Exam board questions – L03 Effective communication L03 Effective communication (1).doc |  |
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| Week 5 | Topic 4: Protecting service users & service providers 4.1 Safeguarding 4.2 Infection prevention | <ul> <li>Knowledge</li> <li>The meaning of safeguarding</li> <li>Name service users who need safeguarding</li> <li>Impact of the lack of safeguarding</li> <li>Importance of safeguarding training</li> <li>DBS checks</li> <li>Infection prevention measures for cleanliness, personal hygiene, PPE</li> <li>Revision guide page 49 – 63 (answers 87 – 90)</li> <li>Revision activities</li> <li>Now test yourself</li> </ul>   | <ul> <li>Mind maps</li> <li>Flashcards</li> <li>Matching activity</li> <li>Research notes</li> <li>Self-assessed written responses to<br/>Now test yourself questions</li> <li>Self-assessed exam questions</li> </ul> |

|        |   | Application  • Provide the reasons for safeguarding and infection prevention in a specific setting  Revision guide page 79  • Exam style questions 1- 3  OCR CamNat Health-SC Examstylequestionanswers.pdf  OCR Exam board questions – L04 Protecting service users  L04 Protecting service users (1).doc  |  |
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| Week 6 | Topic 4: Protecting service users & service providers 4.3 Safety procedures 4.4 Security measures | <ul> <li>Knowledge <ul> <li>Safety procedures for reducing risk</li> <li>Safety measures</li> <li>Security measures</li> </ul> </li> <li>Revision guide 64 – 79 (answers 90 – 93) <ul> <li>Revision activities</li> <li>Now test yourself</li> </ul> </li> <li>Application <ul> <li>Provide the reasons for safety and security measures/procedures in a specific setting</li> </ul> </li> <li>Revision guide page 79 <ul> <li>Exam style questions 4 -10</li> </ul> </li> <li>OCR CamNat Health-SC Examstylequestionanswers.pdf</li> </ul> <li>OCR Exam board questions – L04 Protecting service users</li> <li>LO4 Protecting service users (1).doc</li> | <ul> <li>Mind maps</li> <li>Flashcards</li> <li>Matching activity</li> <li>Research notes</li> <li>Self-assessed written responses to Now test yourself questions</li> <li>Self-assessed exam questions</li> </ul> |

| Week 7 | Topics 1 - 4 | Recap knowledge of Topics 1 − 4  • Complete RAG rating of Personal Learning checklist for each topic  RO32 Personal Learning Checklist .docx · version  1.docx  • Focus recall revision on red/amber topics  Recall revision = mind maps, flashcards, self-quizzing, brain dump  OCR Exam board questions − low demand questions  Low_demand_questions (1).doc | <ul> <li>RAG rating of PLC</li> <li>Recall activities</li> <li>Self-assessed low demand exam questions</li> </ul> |
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| Week 8 | Topics 1 – 4 | Analyse & evaluate  Practice 6 – 8-mark questions on topics 1 – 4  OCR Exam board questions – high demand questions  High demand questions (1).doc   | Self-assessed high demand exam questions  |